

FREE ADMISSION



PLANO

International

FESTIVAL



Food, Music and FUN from around the world!

SATURDAY OCT. 14



11am - 5pm • Haggard Park, Plano



Wellness Fair & Fitzone

Free flu and Covid shots, health screenings and fitness demos!

10am - 1pm • Courtyard Theater
& Saigling House



www.planointernationalfestival.org



LEGACY
WEST

IS A PROUD SPONSOR OF THE

Plano International Festival

Join in on the fun at our monthly Happy Hour Hikes
with pop-ups from the Plano International Festival!

@legacywestplano | legacywest.com

5908 Headquarters Dr. Plano, TX 75024

Welcome to the 19th Plano International Festival!

We proudly dedicate this year's festival to Dr. Christopher A. Parr

Dr. Parr is a founding member of MCOR, the city of Plano's Multicultural Outreach Roundtable, and a pillar in the community. It was his vision that birthed the idea of a celebration of cultures in Plano to bring people of diverse backgrounds together for mutual understanding and appreciation and to enjoy the beauty of each other's cultures. We are all here today due to his leadership, vision and guidance and we are forever grateful for his dedication and efforts in promoting a better community for all. We hope you enjoy this labor of love.



Please enjoy these special highlights:

- Wellness Fair with free flu shots, COVID boosters and health screenings
- Spotlight on Plano with historic displays and artwork, including black history and culture displays and paintings by Plano's own James Gilbreath on display in the Saigling House. You can even hop on a golf cart for a ride to nearby landmarks including the African American Museum, the L.A. Davis Cemetary, the Plano Old City Cemetary and the Douglas Community
- Live chalk art drawing from artist Santos Lozano near the Railway Museum
- Pumpkin patch by Georgia's Farmers Market, also near the museum

As always, don't forget to stop by the Festival HQ tent for a **free gift** when you complete a brief survey, and please sort your trash at our waste stations.

Thank you, and enjoy!

The Festival Team

Please Visit our Sponsor and Partner Booths

Platinum

Texas Health Presbyterian
Hospital Plano

Silver

Medical City Plano First Aid
Tent

Rotary Clubs of Plano

Upbeat Media Productions

Brass

Passport & Visa Express
System Pavers

Turn Compost

Community Partners

Badmus & Associates,
Attorneys At Law

Plano MCOR, Multicultural
Outreach Roundtable

Plano ISD Council of PTAs

Plano Symphony
Orchestra

Plano Art Association

Media Sponsor

Radio Caravan



Central Market
H·E·B
REALLY INTO FOOD

320 Coit Rd. • Plano, TX 75075
www.centralmarket.com



UPBEAT MEDIA

16424 Lauder Lane • Dallas, TX 75248
www.upbeatmediapro.com

Event Program

2023 Honorary Festival Chair – Former Plano Mayor Pat Evans

Emcee – Ann Massey Badmus

- 11:00 am Parade of Flags
Presentation of Colors – Plano Police Department Color Guard
National Anthem – Laurie Lindemeier
- OPENING CEREMONY**
Proclamation – Plano Mayor John B. Muns
Remarks – Festival President and MFOR Co-Chair Graciela Katzer,
Former Plano Mayor Pat Evans
- NATURALIZATION CEREMONY**
Magistrate Judge Kimberly Priest Johnson, officiating
Co-sponsored with the U.S. Dept. of Homeland Security, U.S. Citizen-
ship and Immigration Services
- 11:45 **SOLAR ECLIPSE VIEWING**
Emcee – Deborah Angell Smith
- 12:00 pm Bata de Cola Flamenco – Spain
Rocky Dhir Comedy – US and India
Azeri Dallas Dance – Azerbaijan
- 12:50 JM Flamenco – Spain
Opera on Tap North Texas – France
JAGODA Dance Ensemble – Poland
- 1:30 **INTERNATIONAL FASHION SHOW**
- 2:15 Representa Foundation – Colombia
Dallas Dance – India
Ollin-Tonalzin Traditional Aztec Dancers – Mexico
- 3:00 Texas Women Society – China
Payil – India
Afro por Siempre – Peru
- 3:40 Silambam Martial Arts – India
Sa'diyya & the Art of Bellydance – Egypt/Middle East
Tapasya School of Performing Arts – South India
Dallas International Folk Dancers – Turkey, Serbia, Hungary
International Tango Master – Argentina
Koloa of Polynesia – Hawaii

Thank you to all our Festival Fans, Volunteers, Performers and Supporters!

Booths

- Alankrut Homes
- Aray Multiple Solutions LLC
- Argentine Cultural Foundation
- Artesanias Claudia
- AzeriDallas
- Blanquita Creations
- Brazil
- Brightway Insurance, The Phan Agency
- Camille K. Hedrick French Tutor
- Casa Veronica Luxury Candles and Soaps
- Celebrating Asian American Heritage Foundation
- Chetna
- City of Plano Multicultural Outreach Roundtable
- Club de Damas Peruanas de Dallas y Metroplex
- Collaborative Arts of Plano
- Collin College - ESL
- Cook Children's Health Network
- Dallas Eritrean Cultural, Civic, and Community Center
- Damas Ecuatorianas del Norte de TX Association
- Douglass Visions Committee
- EA Insurance and Financial Services LLC
- Eco Life Services International
- Education, Travel & Culture
- Egyptians in Dallas
- Emma Quaye Mabel's Afro Beads
- Farley Counseling and Supervision
- FC Dallas
- Hope Restored Missions
- Hopes Door New Beginning Center
- Ikebana 4 U School
- Imagine Lone Star International Academy
- International Women's Club
- Ishtar Arts
- Japan America Society of Dallas Fort Worth
- L&M Accessorize
- League of Women Voters of Collin County
- LifePath Systems
- Lifestyle Wellness Center
- Light of Hope Immigration Law Center
- Local Good Center
- Master Kang's Evolve Taekwondo
- New London Enterprises
- Olivers Souvenir Shop
- Ollin-Tonalzin Traditional Aztec Dancers
- Out of this World
- Outcry Youth Theatre
- Pella Windows & Doors
- Plano African American Museum
- Plano Citizens Police Academy Alumni Association (PCPAAA)
- Plano North Metroplex Chapter TX, The Links Inc.
- Plano Police Department Crime Prevention Unit
- Plano Old City Cemetery Association - Plano Old City Cemetery and L.A. Davis Cemetery
- Pretty Seeds
- Rail Station Studios
- Renewal by Anderson
- Rise Power Solar & Storage
- Safire Jewelry - Bennett Leather
- SALA Health House Call LLC
- Shamshah Amir Surani
- Shifta7
- Silvereina Jewelry
- Spirit Scents
- SUFDA Southern USA Falun Dafa Association
- Texas Family Fitness
- Texas Health & Human Services Child-care Regulation
- Texas Native Cats
- Texas Women Society
- The Scottish Society of Dallas
- Threads Elements
- Traditional Threads
- Ukranian American Society of Texas
- Ultra Mobile
- UpLife 100
- Zahra Henna Design
- Zijun Chen



Food Trucks

ALL G's BBQ & Soul ~ BBQ sandwiches, loaded fries, loaded tater tots, nachos, hash browns, wings, mac & cheese, peach cobbler, pound cake

Angel Touch Kitchen ~ grilled chicken curry, chicken satay, shrimp tempura, beef randang, egg rolls, sticky rice

Bobaddiction ~ Bubble tea

Boardwalk Bites ~ Footlong hotdogs, bacon wrapped sausage, ribbon fries, hot dogs, fried chicken, funnel cake

Connie's Louisiana Kitchen ~ Cajun pulled pork, jambalaya, gumbo, grilled chicken, red beans and rice

DonutNV ~ Mini donuts, iced coffee, fresh squeezed lemonade

Fast and Furious ~ Korean BBQ, teriyaki chicken, spicy pork, crispy shrimp, veggie bowls

Kona Ice ~ Shaved ice and ice drinks

Nacho Loco ~ Nachos, tacos, burritos, taco bowls, Elote, rice, beans, sides

Sophia's Haitian Cuisine ~ Rice and beans, fried chicken, fried pork, fried plantains, rice and beans, french fries, pate, jumbo hotdogs, spicy Haitian coleslaw (Pikliz)

All food scraps and serveware are compostable!

To keep Plano beautiful, please sort your food waste and trash at an Educational Waste Station.

Children's Activities • STEAM • Green

Children's

- Plano Symphony Orchestra – Instrument petting zoo
- Plano Fire Rescue – Fire truck
- Maricela and Friends Puppet Show
- City of Plano Animal Services – Animal adoption



- North Texas Performing Arts
- Rotary Clubs of Plano – Passports to the World
- ArtCentre of Plano – Passport coloring



STEAM

- SciTech Discovery Center – Tech and chemistry experiments
- Museum of Contemporary Visual Art
- Girls in STEM – Snap circuits and engineering activities
- ACP Foundation in DFW – Robot driving experience
- Plano Public Library – Robotics truck, roving puppet ambassadors



- Wise Computing Academy – Robotics and coding activities
- UT Dallas Chess Program – Play against and learn from chess masters
- Art of Problem Solving Academy – Books, flyers and puzzles to take and solve
- Plano West Robotics Club – Robotics demos
- 5431 Titan Robotics Club, Plano Academy High School



Green

- Eco friendly kids' crafts
- DIY eco friendly cosmetics and cleaning products
- DIY clothes mending and sewing workshop



- Zero Waste Games
- Citizens Climate Education – Climate change education and awareness



Formula for going Green!

Festivals generate a LOT of waste, so we've partnered with EcoProducts and Turn Compost to reduce waste from all our delicious food trucks. And **YOU** are part of the equation!

Biodegradable food service items made of plant fibers



Organic waste collection from Turn compost



Raw Fruit,
Veggie Scraps



Bread, Grains,
Pasta, Crackers



Egg Shells,
Leaves, Flowers



Dairy
Products



Beans, Nuts,
Seeds



Coffee Grounds, Filters,
Shredded Paper, Tea Bags



Meats,
Fish Bones



Turn APPROVED paper
or compostable products



Green Ambassadors to help you sort your trash



**LESS LANDFILL WASTE AND BETTER HEALTH
FOR YOU AND THE PLANET!**



do the
MATCH

Where good deeds do **more**
for your community.



Matching Gifts & Volunteer Incentive Programs

Awarded on behalf of

Wolfgang Katzer & Mona Joseph

Silver Sponsors



Plano Rotary Club • www.planorotary.com

Plano Sunrise Rotary • www.planosunriserotary.com

Plano Metro Rotary • portal.clubrunner.ca/4316/

Plano East Rotary Club • portal.clubrunner.ca/13749

Plano West Rotary • www.planowestrotary.com

North Texas Pioneers Rotary • portal.clubrunner.ca/7393/

Plano Art Association presents



Art: The Universal Language

On display in the Courtyard Theater lobby through Oct. 15



**Proud Sponsor of the
Plano International Festival
First Aid Tent**

3901 W 15th St. • Plano, TX 75075

www.medicalcityhealthcare.com/locations/medical-city-plano



Proud sponsor of the
Plano International Festival
Green Program

OUR VISION

Eco-Products will be in
the vanguard of our
Zero Waste future.

OUR MISSION

At Eco-Products, we understand the
connection between the health of the planet
and the impacts of disposable packaging.
Every day we work to advance Zero Waste
systems, and help our customers be better
stewards of the environment.

www.ecoproducts.com



**EMPATHY + EDUCATION =
EMPOWERMENT**

Let's help uplift communities

aamaalusa.org

Special Benefit Performance



Plano Symphony strings will accompany dances from:

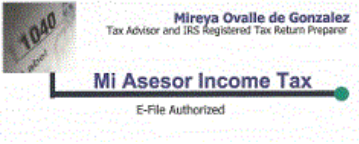
Garage Arts Project • Ballet Ensemble of Texas • Bolly Rhythms Dance Academy • McClane School of Irish Dance

4:30pm | Courtyard Theater | Tickets \$25, students \$15

Proceeds benefit the PSO Music Scholarship Program

Special Thanks to our Brass Sponsors

Dr. Christopher A. Parr



Turn Compost

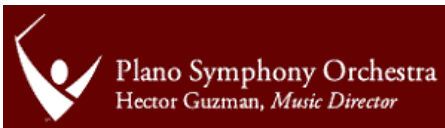
Passport & Visa Express

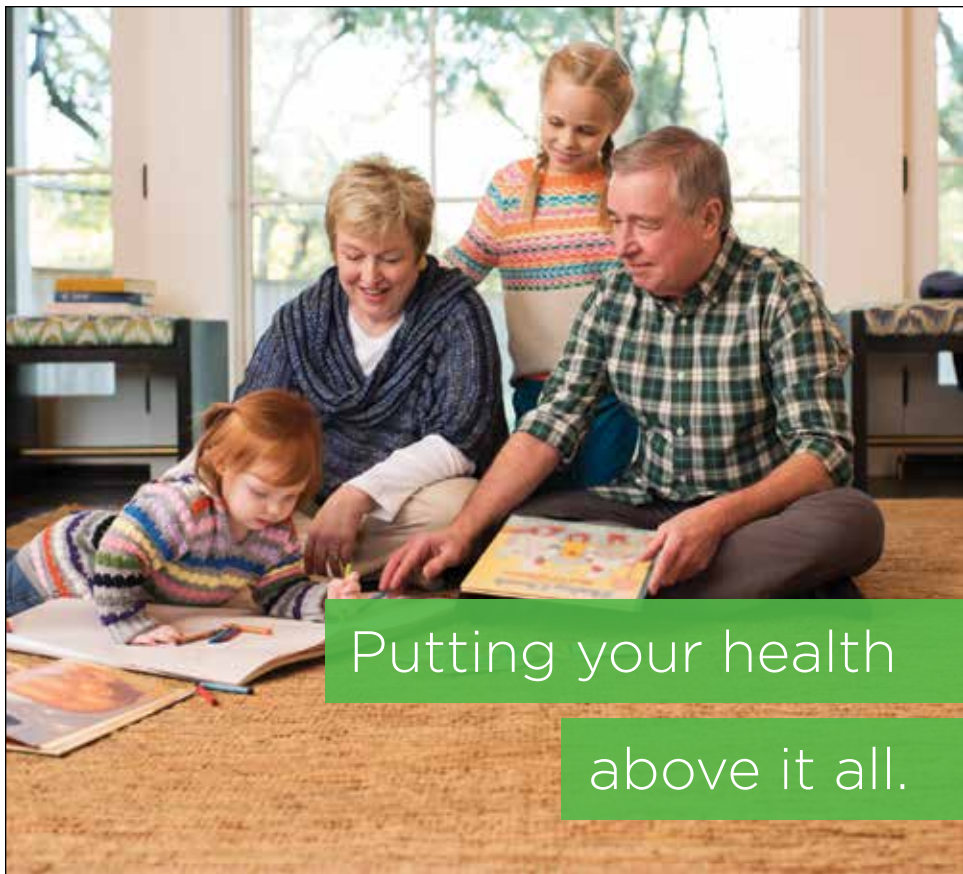
Special Thanks to our Media Sponsor



NORTH TEXAS | 700 AM | 104.1 FM | 104.1 HD1 | 104.1 HD2 | 104.1 HD3 | 104.1 HD4

Special Thanks to our Community Partners





Putting your health

above it all.

At Texas Health Presbyterian Hospital Plano, we are here for you and your loved ones. With an experienced staff and technologically advanced care, our dedication is to your health. Whether you need 24-hour emergency care, advanced surgery or women's health services, we're equipped to handle your every need.

Breast Center ▪ Cancer Services ▪ Emergency & Trauma Services
Heart & Vascular ▪ Joint Replacement Program
Neurosciences ▪ Orthopedics ▪ Rehabilitation
Scoliosis & Spine Tumor Center ▪ Sports Medicine
Weight Loss Surgery ▪ Women & Infants

1-877-THR-WELL
[TexasHealth.org/Plano](https://www.TexasHealth.org/Plano)



FREE SCREENINGS AND SERVICES



Wellness Fair

10am - 1pm • Courtyard Theater

- AJ Foot and Ankle Care – Foot exams
- Avacen Medical – Health assessments
- Carter Blood Care blood donation
- CHETNA – Domestic violence support
- Do I Dare Decide – Decision making skills for kids
- Faith Presbyterian Hospice – Advance directive and hospice info, blood pressure checks
- Health Services of North Texas – Adult COVID boosters
- Peak Physical Therapy – Fall risk assessments
- PISD Health Sciences Academy – CPR demos
- Prism Health N. Texas – HIV & HepC testing, ACA and pharmacy resources
- Q Day Walk-in Clinic and Spa – Children's flu shots
- SEEDS: Serving, Encouraging, Equipping and Developing Society – Community based health and human services
- Student College of Clinical Pharmacy at Texas Tech – Blood glucose and blood pressure testing
- Texas Health Presbyterian Hospital Plano – Adult flu shots
- Texas Osteoporosis Foundation – Bone density measurement
- Vital Dental Family and Implant Dentristry – Oral cancer screening, toothbrushes and toothpaste
- Walmart Vision – Eye exams
- Zoya Ministries – Free toiletry bags

Fitzone

10am - 1pm • Saigling House

- Zumba Latin-inspired fitness ~ Danny Rojas
- Warrior rhythm and yoga demos ~ Nichole Antovoni, Local Good Center
- Kickbox cardio ~ Jafet Cortez
- Meditation guidance ~ Rajababu Premiyappan, Marabukudil
- Yoga for kids from pre-K to 12th grade ~ Alpa Arora, Good for All Yoga
- Brain Exercises ~ Michele M. MacArthur, MCHC MacArthur Accommodations and Fitzone Emcee
- ★ **SOLAR ECLIPSE VIEWING!**
- Dance movements ~ Anthony Harris, Schooling Talent Performing Arts Training
- Warrior Rythm ~ Kathy Kersey, East Texas Family Fitness
- Brain Exercises ~ Michele M. MacArthur, MCHC MacArthur Accommodations
- **PLUS:** Special performance by DFW Play at 12:45!



www.planointernationalfestival.org



The content of these materials does not reflect the endorsement, sponsorship, position or expression of the Plano Independent School District.

